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WESTERN DISTRICT OF WASHINGTON

BY

DEPUTY

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The Honorable Judge John C. Coughenour
Re: Case # 2:2022 CV 00136

Cryptosporidium (crypto) is an illness caused by parasitic infestation. The parasite lives in soil, food, and water. It may also be on surfaces that have been contaminated with feces (poop). You can become infected by swallowing the parasite if in your water, food, or water that you swim in. You can also get it by touching your mouth with contaminated hands.

The most common symptom of crypto is watery diarrhea. Other symptoms include dehydration, weight loss, stomach cramps or pain, fever, nausea, and vomiting.

Crypto is known to cause hepato-biliary (HB) involvement mainly in association with T-cell immune deficiency; HB involvement with milder immunosuppression is less well-described.

Cryptosporidium infestation should be considered in the differential diagnosis of both diarrhea and HB symptoms and abnormal liver function tests, even in the presence of relatively mild immunosuppression.
info: medlineplus.gov

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Noroviruses are a group of related viruses. Infection with these viruses causes food poisoning and an illness called gastroenteritis, an inflammation of the stomach and ~~small~~ intestines. It can spread from person to person, or through contaminated food or water. You can also get it if you touch a contaminated surface. Norovirus ~~can~~ can be serious especially with children and older adults.

The most common symptoms of norovirus are; diarrhea, nausea and vomiting, and stomach pain.

Other symptoms may include fever, headache, and/or body aches.

Treatment includes bed rest, and lots of liquids to prevent dehydration. There is no specific medicine to treat norovirus infections.

Proper hand-washing and safe food preparation may help prevent infections.

(~~Centers~~ Centers for disease control & prevention.

Mayo Clinic foundation for medical education and research.)

Although liver injury concurrent with norovirus gastroenteritis is rarely documented, and its pathogenesis remains unknown, clinicians should consider liver injury as one of the possible manifestations of norovirus gastroenteritis. (medlineplus.gov)

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Your Honor, my heart condition, history of alcoholism, and my dramatic weight-loss, were all known and well-documented at VA Hospital Seattle. Mild immunosuppression, from alcoholism, heart condition, (ablation in 2017) weight-loss, and crypto-noro infections was doing much more damage together, ~~that~~ ~~for~~ over two years. I trusted the V.A. and Dr Alexander for my medical care and had no ~~reason~~ reason to run about town investigating my situation, until my caregiver Cheryl Schenbrie, in April of 2019, insisted on going to her hospital, Overlake of Bellevue, WA. For that I am eternally grateful, as she saved my life.

I, ~~was~~ ~~as~~ my sister Lisa Helms, and my caregiver Cheryl Schenbrie, complained MANY TIMES to the folks at VA Seattle, my Dr Alexander, and the ER staff at VA Seattle twice that I remember, about this debacle. ~~But~~ Our protestations went completely unheeded. Hence the visit to Overlake.

I remain agog ~~over~~ this experience. Until this episode with crypto-noro, I had NORMAL liver function tests. I have been a non-drinker since this experience, the only upside.

My ~~new~~ new Dr. Fakami at the VA is writing a letter about erectile dysfunction.
Thank You Your Honor
Sincerely R. H. A. H.

May 5, 2022

Addendum (Hormoneasy)

Our liver is the most hard-working but undervalued organ in the body. The liver performs approximately 500 or more functions from storing sugar, minerals and vitamins as fuel for the body. It also controls the production and secretion of cholesterol etc. The liver contains bile stored in the gallbladder, and this helps break down fats.

Symptoms of a stressed liver show up very late, compared to a stressed heart. Livers filter out all foreign particles, such as food additives, tobacco, alcohol and environmental factors.

1. Skin color - jaundice yellow or ~~pale~~ pale with a blue tinge

2) nails fingertips yellow; yellowing in the eyes

3) digestion problems

4) pains and bodyaches. The liver purifies the blood and produces new blood as well. This function is curtailed directly proportional to ~~intestine~~ liver stress.

5) Fatigue. Chronic fatigue is a clear indicator of liver stress.

6) darker urine

7) mood swings. disturbs mental health

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- #8 a stressed liver impacts the overall body functions - it may cause ringing in the ears, insomnia, dizziness, blurry vision, allergies, NO SEX DRIVE*, internal or intestinal bleeding, sensitivities to chemicals, PMS, drastic weight LOSS*, and spider veins,
- #9 Loss of appetite* little to no interest in food*
- #10 irregular sleep cycles*
- #11 Failing memory. When suffering from liver fatigue internally, the organs are incapable of de-toxifying the blood. This leads to hepatic encephalopathy which is a kind of build-up in the brain, triggering memory-loss. Also difficult to concentrate.*
- #12 Skin itchiness* went to dermatologist but Seattle
- #13 Sudden weight gain - not me
- #14 Palms turn Red
- #15 enlarged breasts in Men* yes you honor, my tits grew!
- #16 easy skin bruises* got PCS
- #17 Swelling ankles & legs. somewhat
- #18 Chills*

all marked with asterisk I had or continue to have

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Addendum #2

Your Honor;

As I am not predisposed for jurisprudence, stuff is occurring to me sporadically as I write and am attentive to this matter.

Also, mental damage/chronic fatigue from a stressed-out underperforming liver for 2 1/2 yrs is still a great problem so patience for me is a must.

If we think about it, my body and brain were awash in poisonous toxins for 2 1/2 years as my liver strained mightily to perform its duties pounded by two different organisms and subsequent weight-loss. As my symptoms grew, my interest in alcohol diminished to the point of "what is the point?"

Your Honor I retired early (at 64) because I thought I was dying. I looked like I was dying. I felt like I was dying, and I would have it not for Cheryl Schembrie and my sister Lisa Helms. After all Dr Alexander said nothing was wrong, only my alcoholism.

Currently (as we know how the disease works) I am a non-drinker!

Yaz

P.S. Your Honor, This was surprisingly difficult for me to recall & write as 7-8 variations have been done. And I want to meet you!

Your Honor,

May 5, 2022 /

This copy of Cheryl's letter
has an addendum for her
signature and an added note.

Mr Michael Bartley
810 Vermont Ave NW
WASHINGTON DC 20420

This copy is evidence. RN ^{May 2022}

Dear Mr Michael Bartley,

My name is Cheryl Stemborn and
since early 2018, I have been Randall Neal's
caregiver.

Randall is a successfully recovering
alcoholic since April of 2019. Early in
March of that year, after 2 yrs of an
undiagnosed malady, (it is my opinion there
is discrimination against alcoholics at the
VA). I suggested that we entertain a second
opinion at my Hospital, Overlake of Bellevue
WA. Randall was admitted (see hospital records)
and diagnosed with a chronic infection of
Cryptosporidia, and NOVA Virus, ~~and~~ in
~~addition~~ addition to his alcoholism. I had
been to the VA with Randall since I started
and complained of symptoms at regular
appointments and at The ER, as he
got thinner and thinner, sicker and sicker.
One clinician even commented of the
dramatic "Lose of muscle mass" at
one of his appointments. Randall almost
died! see pictures included of Randall
during the time. This was an egregious
event on the part of the VA, and
his Dr at the time ~~was~~ Dr Alexander
Lisa, Randall's sister caught Dr
Alexander being lazy in his

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prescribing medications as he let them pile up, without reviewing previous prescriptions. This, happened as well. Randall was injured (penile dysfunction) and almost died as a result of VA Hospitals, ~~for~~ failure to diagnose his parasitic infection for years. I ~~was~~ witnessed these events.

Sincerely

Cheryl Schembrie

PS. This letter was penned by
Randall Nealy

In addition to spelling my name wrong, Mr. Nealy had diarrhea for 3 years. He never left apartment, unless to doctor appointments. He started wearing diapers so he could go to doctors. He suffered greatly for 3 years. Dr. Alexander never looked into the cause. Mr. Nealy should have compensation for this reason alone. Overlake Hospital found the reason immediately and started treatment.

Cheryl A. Schembrie
July 29, 2021

Randall B. Neaby
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% Judge Coughenour
700 Stewart St. Suite 2310
Seattle, WA 98101

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